



## MEAT BALL PANCAKES

- 3 Egg Yolks, Lightly Beaten
- 1/2 Pound Ground Beef
- 1/4 Teaspoon Baking Powder
- 1/2 Teaspoon Salt
- Dash Pepper
- 1 Teaspoon Lemon Juice
- 1 Tablespoon Minced Parsley
- 1 Tablespoon Grated Onion
- 3 Egg Whites, Stiffly Beaten

## DIRECTIONS

1. Blend together yolks, ground beef, baking powder, salt, pepper, lemon juice, parsley and onion.
2. Fold in egg whites carefully.
3. Drop by spoonfuls onto a greased hot griddle.
4. When puffed and brown, turn and brown the other side.
5. Serve at once.