



STUFFED GREEN PEPPERS

- 4 Green Pepper
- 3/4 Pound Ground Beef
- 1/2 Cup Cooked Rice
- 1 Egg
- 1/4 Cup Water
- 1 Tablespoon Minced Onion
- 1 Teaspoon Salt
- 1/4 Teaspoon Pepper
- 1 Cup Tomato Soup

DIRECTIONS

- 1. Wash and clean the peppers.
- 2. Combine remaining ingredients, except soup and mix thoroughly.
- 3. Fill pepper shells with meat mixture.
- 4. Place on a rack in pressure cooker.
- 5. Add soup.
- 6. Pressure cook at 15 pounds for 10 minutes.
- 7. Reduce pressure.