



RICE CON CARNE

- 1/4 Cup Fat
- 1/2 Pound Hamburger
- 1 1/3 Cups Quick Cooking Rice
- 3/4 Cup Onion, Sliced Thin
- 1/2 Cup Chopped Bell Pepper
- 16 Ounces Tomato Sauce
- 1 3/4 Cups Hot Water
- 1 Teaspoon Prepared Mustard
- 1 Teaspoon Salt
- 1/8 Teaspoon Pepper

DIRECTIONS

1. Sauté in fat the hamburger, rice, onion and bell pepper.
2. Add remaining ingredients, bring to a boil.
3. Cover and simmer for 15 minutes.