



POLISH BARLEY SOUP

- 3/4 Cup Pearl Barley
- 8 Cups Soup Stock
- 1/2 Cup Butter
- 2 Onions, Chopped
- 2 Carrots, Diced
- 1 Turnip, Diced
- 1 Leek, Chopped
- 1/2 Cup Chopped Celery
- 2/3 Cup Sliced Mushrooms
- 1 Teaspoon Salt
- 1/8 Teaspoon Pepper
- 4 Tablespoon Sour Cream

DIRECTIONS

1. Simmer barley in 1 1/2 Cups of stock until tender.
2. Add butter gradually.
3. Boil chopped vegetables until tender in the remaining stock.
4. Add cooked barley and seasonings.
5. When ready to serve add sour cream.