



MEAT CRUST PIE

- 1 Pound Ground Beef
- 1 Cup Soft Bread Crumbs
- 1/2 Cup Milk
- 1 Tablespoon Chopped Onion
- 1 Teaspoon Worcestershire Sauce
- 3/4 Teaspoon Salt
- 1/8 Teaspoon Pepper
- 2 Cups Seasoned Mixed Vegetables
- 1 Cup Diced Tomatoes
- 1 Bell Pepper, Cut Into Rings

DIRECTIONS

1. Combine ground beef, bread crumbs, milk, onion, Worcestershire sauce, salt and pepper.
2. Pack into a 9 inch pie plate, covering the bottom and sides.
3. Press another pie plate on the top.
4. Bake in a 350 degree oven for 7 minutes.
5. Remove upper plate.
6. Bake 3 minutes.
7. Heat vegetables and tomatoes.
8. Spoon into the meat crust.
9. Garnish with pepper rings.
10. Return to oven for 20 minutes.